

# WILLOWBROOK SWIM & DIVE

## 2022 SEASON

**E-MAIL ADDRESS: [willowbrookswimtennis@gmail.com](mailto:willowbrookswimtennis@gmail.com)**

### IMPORTANT DATES

- **June 4:** Meet & Greet/ Suit Fitting
- **June 20:** Pre-Season Begins for ALL
- **June 24:** Time Trials Session 1
- **June 27:** Time Trials Session 2
- **June 27:** Regular Practice Schedule Begins
- **TBD:** Team Dinner

### DUAL MEET SCHEDULE

- ✓ **Thursday, June 30:**  
AWAY at Pound Ridge
- ✓ **Thursday, July 7:**  
AWAY at Katonah
- ✓ **Thursday, July 14:**  
Home vs. Yorktown
- ✓ **Tuesday, July 19:**  
AWAY at Briarcliff
- ✓ **Tuesday, July 26:**  
Home vs. Ossining

### "B" MEET SCHEDULE

#### **SWIM** (locations TBD)

- Wednesday, July 6
- Wednesday, July 13
- Wednesday, July 20

#### **DIVE** (locations TBD)

- Monday, July 11
- Monday, July 18
- Monday, July 25

### CHAMPIONSHIPS

- ◆ **July 27:** Dive Championships
- ◆ **July 28:** Dive All-Stars
- ◆ **July 30:** Swim Championships
- ◆ **July 31:** Swim All-Stars

### Pre-Season Practice Schedule

10 & Under: 4:30-5:30pm

11 & Over: 4:30-6:00pm

DIVE TEAM: 5:00-6:30pm

#### **DIVE TEAM**

### Regular Practice Schedule

**Monday - Friday**

5:00-6:30pm

#### **SWIM TEAM**

### Regular Practice Schedule

#### **MORNING PRACTICE:**

**Monday-Friday**

10 & Under: 10:30-11:30am

11 & Over: 10:30am-12:00pm

#### **AFTERNOON PRACTICE:**

**Monday-Friday**

10 & Under: 4:30-5:30pm

11 & Over: 4:30pm-6:00pm

Northern Westchester Swim Conference Website: <http://northernwestchestersc.com>