

WILLOWBROOK SWIM & DIVE

2018 SEASON

E-MAIL ADDRESS: willowbrookswimtennis@gmail.com

IMPORTANT DATES

- **May 26:** Meet & Greet/ Suit Fitting
- **June 18:** Pre-Season Begins for ALL
- **June 25:** Regular Practice Schedule Begins
- **June 25:** Time Trials Session 1
- **June 26:** Time Trials Session 2
- **June 29:** Team kickoff BBQ (Rain date 6/30)
- **TBD:** Team Dinner

DUAL MEET SCHEDULE

- ✓ **Saturday, June 30:**
Home vs. Birchwood
- ✓ **Thursday, July 5:**
AWAY at CST
- ✓ **Tuesday, July 10:**
AWAY at Yorktown
- ✓ **Thursday, July 12:**
Home vs. Briarcliff
- ✓ **Thursday, July 19:**
AWAY at Katonah

"B" MEET SCHEDULE

SWIM (locations TBD)

- Wednesday, July 11
- Wednesday, July 18
- Wednesday, July 25

DIVE (locations TBD)

- Monday, July 9
- Monday, July 16
- Monday, July 23

CHAMPIONSHIPS

- ◆ **July 25:** Dive Championships
- ◆ **July 26:** Dive All-Stars
- ◆ **July 28:** Swim Championships
- ◆ **July 29:** Swim All-Stars

Pre-Season Practice Schedule

10 & Under: 4:00-5:00pm

11 & Over: 4:00-5:30pm

DIVE TEAM: 5:00-6:30pm

DIVE TEAM

Regular Practice Schedule

Monday - Friday

5:00-6:30pm

SWIM TEAM

Regular Practice Schedule

MORNING PRACTICE:

Monday-Friday

10 & Under: 10:30-11:30am

11 & Over: 10:30am-12:00pm

AFTERNOON PRACTICE:

Monday-Friday

10 & Under: 4:30-5:30pm

11 & Over: 4:30pm-6:00pm

Northern Westchester Swim Conference Website: <http://northernwestchestersc.com>